1:Arensberg & Kimball E-5 (1932-1934) 1940
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like the sanctions of the exercise of sexual rights in marriage, are part of and take their form in the family group. Consequently, in the wider and larger alignments of individuals springing from the family which make up the kinship system, similar prohibitions occur.

For the kindred are the group within which marriage is prohibited. In a sense the formulation of the individuals in it as a group is an abstraction. Kinship bonds come ready formed to the newborn human being. The child is soon brought to know and adopt requisite behavior and sentiments toward the individuals with whom the other persons of his family are reciprocally bound.

Thus the Irish child very early meets his mother's and father's brothers and sisters; he runs errands and receives small gifts from them; as soon as he is able he carries presents. In later years of boyhood he does odd jobs for them; his labor is lent at cooring; he takes his place with them at the family table or round the hearth on visiting. At various times of crisis in his career, such as First Communion, Confirmation, and marriage, he receives gifts from them which signalize the intimacy between him and them. They share his parent's superordination to him, for they belong to the same older generation as his parents.

He is very likely, too, to be thrown constantly with their children, especially if they are substantially of the same age, where his uncles and aunts remain within visiting distance. In country regions, such as Luogh, nearly all of the families are united by complicated, reduplicated bonds of marriage and descent. There the boys and girls grow up together in constant association, both as "friends" and companions. It is with them that the natural course of development creates bonds of sentiment and mutual aid, quite like those within the family, which take the form of that "friendliness" at once obligatory and pleasurable seen in the account of farm work.

1:Arensberg & Kimball E-5 (1932-1934) 1940
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unfortunate that the authors have not statements of the amount of these annual remittances for local districts. The total for Ireland, however, is enormous. There is a marked tendency for emigration from a local region to perpetuate itself, sons and daughters of each generation going out to join the members of the last. One district round Cross to the west of Carrigaholt, a little settlement on the Loop Head peninsula which juts out from Clare into the Atlantic at the Shannon's mouth, said locally to be supported by sons in the Shanghai police force. The first to go became chief of police in the International Settlement there, and many places in the force have gone to men of Cross.

The authors had the opportunity of examining some of the family setting in which emigrant remittances operate in Luogh. There the greatest number of emigrants had gone out to Boston. In one family, there was a succession of nephews and nieces following uncles and aunts from the same farmhouse for four generations. In four recent cases Luogh boys and girls had married one another in Boston. In two more they had married in Ireland and emigrated together.

Remittances from sons and daughters arrive around Christmas. In one family the farmer's wife had written to children in America saying that the family were trying to acquire an addition to their holding from the Land Commission. The children sent them the purchase price. In this case the daughter sent her regular Christmas remittance as well. When she was admonished by her parents for such generosity, she wrote: "I would think it wasn't Christmas and I hadn't any father and mother if I didn't send them something."

Her mention of the festival in the same breath with her parents is understandable when it is realized that Christmas is the family festival *par excellence* in Ireland.

The role played by emigrated relatives in providing for

1:Arensberg & Kimball E-5 (1932-1934) 1940
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434 593 the children upon the home farm and the role of the dispersed children in helping the old couple and the brother or sister at home is part of the general "friendliness" by which the Irish countryman sums up the family obligations. The two roles are felt to be the same, and they are described in the same terms, as the obligations of actual charity between country families, agricultural coöperation, and ceremonial assistance at marriages, wakes, and funerals. Brother and sister send back gifts to the home farm, especially when [431] the old couple are still alive. Gifts of money, clothing, and presents of all descriptions are sent back. Geese, farm delicacies, and such mementos as shamrocks go from the farm to those relatives that keep in touch.

593 602 167 484 At family crises, such as death, marriage, and birth, the new bonds come strongly into play and, where possible, the dispersed relatives come back to the farm at that time. The emigrant returns, if he does so at all, to the very townland of his birth, either to buy the old place or to settle near-by. In fact, there are many instances of countrymen, returned Americans, Australians, South Africans, and British soldiers, who have roamed over the world but have never seen more of Ireland than their route to and from their port of embarkation and the nearest market towns.

593 152 533 The sentiments of place, farm, and family become so inextricably intermingled as to be almost one. Perhaps the peculiarly Irish type of song and music owes its character as well as its popularity to that fact. The laments for a dear one, especially a mother, and the pangs of exile are the major motives. They are sung to the same tunes and call forth the same tears.

593 The break-up of the family at the transfer of land has changed the relation between the dispersed children and the old couple, just as it has changed that between the new farm family and their parents. Control of expenditure, in fact all vestiges of the strict parental control, is perforce

1:Arensberg & Kimball E-5 (1932-1934) 1940
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463 He is called the blacksmith by the people around; his place
465 is called the forge. He is also the local horse doctor. He has
about a hundred and twenty horses which he shoes for the
326 surrounding farmers. His father, whose place he has now taken,
232 is too old to work and so he does it all.

A rainy day is the time when the farmers bring their horses in to be shod, for it is then that work cannot be done on the farms. That's the time he will be busy all day, and it is very hard work. The shoe must be made to fit the horse. You work the fire with the bellows and put on the special coal for the forge. Usually the man whose horse it is will work the bellows for him.

He buys the iron in long strips and makes it up himself. The price is six shillings for a new set of shoes and three shillings for refitting an old set.

He keeps account of what the farmers owe him and usually between the first of November and the beginning of the new year they come in and pay. They pay once a year and he never sends an account or presses for the money. If they are poor people, he never charges and overlooks it until they have the money to come in. They come from about four miles around and he has the same ones year after year. He never charges them for looking at the horses. His father was a great horse doctor, better than himself. He was great for growths, sore teeth, or internal trouble. From miles around the farmers would come to have their animals treated. No charge was ever made for this of any man who had shoeing done with him, but a man from a distance would be charged. His father took a trip once through Galway and Connemara curing the ills of horses and he charged enough to pay his expenses and a little more.

463 Here we see the same consideration at work as in the case
465 of the handy man carpenters and masons. When the exer-
● 431 cise of skill is expanded to a point where it fills the work-
man's working existence, clearly setting him off from the
759 farmers, the farmers recognize his role as a fit subject for money payment. When his work is only the occasional avocation of one of their own kind, they do not. For this reason the midwife always differed from the local nurse. The mid-

463

 465 759 431

wife got her reward in presents, gifts, and whiskey, but not in money. Money, however, would be proferred to the nurse.

463 That the factor of payment in money should be crucial is really the cloak of the set of dispositions arising from habitual relations. In the local community the handy man 465 is not paid, since, like "friends" and neighbors, he is one of 571 themselves. Since he is one of the countrymen, he is caught within the system of much the same habitual relations of reciprocal service and mutual aid which make up cooring in agriculture.

476 To see this point, we must describe the action of the local community in respect to the work to be done once again. 571 Cooring is a form of reciprocal exchange of goods and services. One old fellow described it aptly when he said that it meant that for a day of work given you would receive a day in return. We have already seen its connection with familism and the extended family. But besides cooring, there was another form of the custom known as *meitheal* (mihil). The word *comhair* (coor) referred to the reciprocity, the word *meitheal* to the band of men and teams acting together to perform a task. On various occasions when work beyond the capacity of cooring families was to be done, a *meitheal* of men or women or horses could be made up.

As described by the old people who still remember its heyday, the *meitheal* rested on a foundation slightly different from the reciprocity of cooring. The work was done by a gang of local persons got up for the purpose through the wish and custom of the local inhabitants, but without expectancy of individual return in like measure.

Bands of men and women were got up in rural communities by *meitheal* for the following purposes, of which the authors heard record:

market areas are the areas of effective, habitual relationship among farmers. They are definable only in terms of social relations made up of the acts of specific local persons. Such relations differ in duration and the frequency of the events making them up. Change such relations and geography is changed. For a human setting geography is merely the locus of relationship. The system of distribution that orders space in rural Ireland functions to do so within a system of social relations, which we have called familism.

It is not surprising that the relationships existing between the small farmers and their local distributing agencies go farther by far than economic acts of barter, purchase, and sale. The country crossroad shopkeepers, especially, win very special status in rural communities out of these relationships. In Ireland and in Clare shopkeeping is predominantly an urban and small-town trade. Yet shops are numerous and important in the country districts, and a word must be said of them.

In typical western rural communities the smallest and poorest of the crossroad shops, serving the minutest areas, are ordinary cottages or farmhouses. The slightest alteration has sufficed to turn one of the rooms into an emporium where makeshift till, counter, and shelves carry little more than tobacco, matches, oil, and a few sweets and small sundries.

Such a shop is usually run by a woman, who subsists upon it and a plot of land or garden. She is often a widow, or the wife of a local tradesman. In many cases the little shop is the local post office as well, and a salary from the state contributes to the owner's upkeep. Such a shop is sometimes, too, a local gathering place for the boys, in the way the local smithy once was such a gathering place. The boys get their fags here. It is encumbent upon the woman who keeps the shop to make them presents at Christmas time, in recognition of their custom. Everyone agrees that the woman

9: Evans K-5 (ca. 1940) 1942
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A good deal of skill was required and " the contestants were hindered by the unkind jokes of their friends. When the cailleach was eventually " stretched " or " cut and dead," she was " waked," carried into the house or barn, and generally kept until the following year." To quote Mr. Paterson once more, " Sometimes a party followed the ceremony, at which it was usual for the boys and girls to wear harvest knots." I illustrate two examples of knots, one with the ears left on, which is done in three plait, and the other the more common two-straw pattern (Fig. 114). It has been claimed that the

Fig. 114.

latter form is a late introduction from England, but it is known that the first type was worn by girls, in their hair, and the second by boys. They were often made before the actual cutting of the corn and are not necessarily associated with the ceremony of the last sheaf. Mr. Paterson tells me that in Armagh they used to be exchanged between the sexes as a token of admiration or love.

Finally we must not forget the countless superstitious beliefs connected with birds and trees, with water beasts, and

13:Evans K-5 (ca. 1940) 1957
ER6 Rural Irish ER6

## FIXED FESTIVALS

527 The May Festival, the Gaelic Beltane, remained almost untouched by Christianity, and an astonishingly rich growth of magic beliefs and superstitious customs accumulated around it. They were concerned with the safety of the familiar things which supported life, and especially the milk cows whose 'whitemeats' were to provide the main food-supply until harvest came round once more. It was a matter of pride to have a last formal dish of stirabout on May Day, 'for if they can hold out so well with bread they can do well enough . . . for then milk becomes plenty, and butter, new cheese, and curds and shamrocks are the food of the meaner sort all this season'.[1] It was considered [431] most unlucky and unwise to give away salt, water or fire on May Day lest the luck and 'profit' of the farm went with the gifts. Witches and fairies were unusually active at this time, and [776] many tales are told of the wiles they adopted to outwit the unwary and gain admission to house or byre to do their mischief. It was a wise precaution to pour milk on the threshold, or at the roots of a fairy thorn, and the many protective charms against the stealing of cattle and milk were augmented by others special to the occasion. 'On May Eve the peasantry used to drive all their cattle into old raths and forts thought to be much frequented by the fairies, bleed them, taste their blood, and pour the remainder on the earth'.[2] It was said that the ghosts of cattle that had been lost could be seen in such places.

527 824 751 Portents, prognostications and protection were sought in the familiar flowers of field and hedgerow, in the weeds and shrubs which had followed in man's footsteps and were associated with his secular struggle for survival, especially in those that carried the promise of butter in their golden cups and a free flow of milk in their bounteous white blossom. May flowers, primroses and gorse gathered before sunrise were scattered on the threshold of the house and garlands of 'Summer', as the flowers were called, were hung on the doorposts and even tied to the cows' tails. In the Antrim Glens the mayflowers were crushed to provide a juice with which the cows' udders were washed, and elsewhere buttercups were used for the purpose. Cow dung, if less hygienic, had similar protective power, presumably in

[1] Sir Henry Piers, *West-Meath*, 121.
[2] *U.J.A.* 3 (1855), 165.

13:Evans K-5 (ca. 1940) 1957
ER6 Rural Irish ER6

## OLD PISHROGUES

Old customs die hard in isolated islands and in the loneliness of ships at sea. Fishermen in the north to this day avoid direct mention of many words such as pig, priest and rat, and similar tabus are found among fishing communities as far away as Malaya, 'Formerly when starting on fishing expeditions the crews of Irish boats were very careful that their craft should leave the shore in a direction sunways, and even yet this superstition directs the course of many a fishing boat',[1] and, we may add, controls the casting of a net. A boat should always be entered on the right-hand side. In the kingdom of Mourne 'it was unlucky to be the third boat out on leaving harbour, and men would go to any lengths to avoid it, even tying two boats together so that there should be no third boat. On a Monday morning a fisherman will laughingly refuse to give you a light for your pipe, for he would be giving away his luck for the week. There were lucky and unlucky people to whom to sell fish, and it was the custom not to sell all the catch but to leave some fish in the boat. When a present of fish was made they were lifted backwards high over the head from the boat and not given straightforwardly. Nor would the old fishermen clean their boats until the end of the season, or even wipe the fish-scales from their boots. An unlucky boat would try to steal the luck of another boat by rubbing alongside it.'[2] The long-line fishermen of Carrickfergus would always spit on the first and last hook they baited, and in the mouth of the first fresh fish taken off the hook.[3] Superstitions attach also to fresh-water fish, especially to the sacred trout which, for the most part invisible, bring luck to pilgrims who catch a glimpse of them in certain holy wells.

Innumerable pishrogues concern the domesticated animals, and in particular cows and their milk and butter, which are peculiarly liable to supernatural influences. In the face of these unseen forces it is important that a new season or a new venture, or any operation carried out for the first time, should be begun with care and due ceremony, for special danger is attached to these occasions. Thus the first rich milk given by a

[1] Wood-Martin, *Elder Faiths*, 2, 52.
[2] E. E. Evans, *Mourne Country*, 196.
[3] S. McSkimin, *The History and Antiquities of Carrickfergus*, 260.

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
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dies suddenly and is deprived of Extreme Unction at his deathbed. The compensatory rite performed later for the deceased who has been interred while the curate was away is thought to be less efficacious in shortening the stay of the soul in Purgatory.

In the past, the amount of social control exerted by clerics has varied; a few have been concerned mostly with fulfilling their religious duties, but the greater number have attempted in a variety of ways to regulate the lives of the islanders —to restrict such activities as visiting, gossiping, courting, dancing, and drinking spirits. The curates have tried, in general, to maintain the indigenous culture, especially the Gaelic tongue, and to discourage change, halt emigration, maintain the moral standards of the folk, and limit anti-social behavior. I have heard both islanders and curates defend the *status quo* in Inis Beag, including its poverty, by asserting that, "This life is of no importance, and its suffering must be borne for the glory of Heaven to come." In the absence of local police, curates sometimes have performed the functions of *gardaí*, and since 1960 have combatted a growing rash of juvenile delinquency, which has included, among other misdeeds, the destruction of property outside of homes in which parties are held, petty theft, and molestation of girls from the mainland who visit during the summer.

The techniques of social control utilized by curates are many and mostly negative; they include weekly sermons, lectures to students in the school, talks with individuals who need guidance or reprimand, the use of informers (a word so detested in Ireland that I have substituted respondent for informant in this book) and confessions, the allocation of indulgences, and, in extreme cases, the refusal of sacraments and the placing of curses. It is difficult to overestimate the degree of fear of the clergy and anti-clericalism which have been inculcated among the folk by the more immoderate measures employed by priests during the last century. Sermons deal both with spiritual messages based on the scriptures and church pronouncements, and with instruction and censure directed toward past or anticipated actions of the islanders in concert or of particular persons. Talks with individuals may take place in their or the curate's home, and often result from information received by the priest from informers or the confessional. The informers, it is said, are usually the housekeeper of the curate and her family, and children who are intimidated by the priest to reveal talk and behavior of their parents and others; however, certain folk are known to bear tales to the clergy and are shunned for this reason. Well aware of the power that the confessional gives the priest over their lives, islanders are outspoken in its condemnation, and many will not confess particular sins, especially those of a sexual nature, to a curate known to assign severe penances and to carry matters beyond the confessional.

The awarding of indulgences represents a positive social control method and has been used frequently, I was told, to obtain needed monetary contributions and services from the folk. Although the priest cannot excommunicate a recalcitrant parishioner, he can achieve the same objective by forbidding confession and absolution and the other sacraments to him, and the islanders report its threat and use as a sanction on several occasions in the past. Even more feared is the "priest's curse," which in Co. Clare ". . . can bring ruin upon a prosperous house; can turn an unbeliver's head upon his shoulders; strike blindness . . ." (Arensberg 1937:28).

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
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choosing. The kiss of the newly united pair, which in most of the Western world terminates the marriage ceremony, is lacking in Inis Beag, and after leaving the chapel the couple stand for some time in the yard to receive congratulations from guests and others who have attended the wedding, until the procession forms once again to walk to the home of the groom.

Once there, the groom's mother stands on the threshold and places the wedding cake for a moment on the head of her son, to compound the luck already gained by borrowed tie and shawl and donation of shillings. The newlyweds dance together alone before the first dance figure is formed, but they spend most of the night seated side by side, talking to well wishers, while music, song, and dance joyously abound in the adjoining kitchen. Presents are given the couple only by kin who have emigrated and by outsiders who have known the two long and well; the same tradition holds true at Christmas among older children and adults. The wedding party, as the *cleamhnas*, may go on night after night, and so may the third party making up the marriage cycle a month later—the "dragging home," which is celebrated at the bride's former house. The term dragging home is employed when either the vernacular or English are spoken, but the word wedding, and its Irish equivalent *bainis*, are used interchangeably in both tongues. Although the bride must not enter her parents' house for a month after the nuptials, she is free to visit with them elsewhere.

## The Family and Kinship

There are 79 inhabitable houses in Inis Beag, although many others of hoary vintage still stand and have been converted into outbuildings. Only 71 of these are lived in by the folk, however; 6 of the other 8 (1 of which houses the Dane) recently have been deserted by emigrants, and the remaining 2 are lived in by the curate and the headmaster. The following is a chart showing the categories of personnel occupying the 71 domiciles:

| *Number of Households* | *Personnel* |
|---|---|
| 30 | Husband, wife, and offspring |
| 5 | Husband, wife, offspring, and the husband's widowed mother |
| 4 | Husband and wife who are childless |
| 4 | Husband, wife, offspring, and both parents of the husband |
| 3 | Husband, wife, offspring, and the husband's unmarried sister |
| 2 | Husband and wife who are childless and both parents of the husband |
| 1 | Husband, wife, offspring, and the husband's father who is a widower |
| 1 | Husband, wife, offspring, and both parents of the husband and his unmarried sister |
| 1 | Husband and wife whose offspring have emigrated |
| 7 | Widow and her unmarried offspring |
| 5 | Single man (bachelor) |
| 2 | Brother and sister both of whom are unmarried |
| 2 | Two brothers and a sister all of whom are unmarried |
| 2 | Widower and his unmarried offspring |
| 1 | Two bachelor brothers |
| 1 | Bachelor and his widowed sister-in-law |

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796 527 782 year during the early morning. The folk visit the church and graveyard throughout the day and are awarded indulgences for their prayers in behalf of souls of the dead residing in Purgatory. In the cemetery, prayers are offered for relatives, one at a time, and then for everyone buried there, those lost at sea, and those who have no one to pray for them. An islander going to the chapel makes a succession of visits inside to pray, retiring to the churchyard after each prayer; an indulgence is granted for every visit, and some children carry small stones and pile them outside of the chapel to keep count of the indulgences thus acquired. It is said of those who remain longest in the cemetery and make the most number of visits to the chapel that they are attempting to mollify the ghosts of relatives whom they treated badly when alive.

796 The 12 days of Christmas commence with the feast of the Nativity on December 25th and end with the feast of the Epiphany on January 6th, and include the feasts of St. Stephen on December 26th, Holy Innocents on December 28th, and Circumcision on January 1st. This is the high point of the year for the folk, even though it is a much quieter period today than it was half a century ago, when social concerns outweighed religious ones. Work is suspended altogether on Christmas and the three days following it and on January 1st and 6th, and during [167] [582] [574] the rest of the period only "light chores" are done. Importance is attached to the 12 days over and above their religious significance and the fact that little work is done; for at this time emigrants return to Inis Beag on holiday; if a marriage is to occur during the year it is likely to be arranged then; at least one party usually is given which attracts most of the adults; and the men gather in the pubs on [521] several nights to sing, dance, and tell stories. For weeks before Christmas, rumors abound as to which relatives will visit the island, who will marry whom, and where the party will take place; these serve to sharpen the anticipation of the islanders and to make them less mindful of the worsening of the weather.

[292] In preparation for the Christmas season, new clothes are fashioned—as at Easter—to be worn initially on the five feast days, and it is usual for a man needing [351] a new *crios* to have it woven in time for Christmas mass. Houses and streets are [356] cleaned and repaired, fireplaces whitewashed, and supplies are taken in for the 12 days as steamer service is curtailed. On Christmas Eve, a special dish of [262] corned ling or cod smothered in sauce is served at "Christmas supper," and large [364] white candles purchased in the shops are placed on the dining table and in one or more windows of the cottage, to be burned nightly during the 12 days. The sight from the sea of the darkened island with its hundreds of candles rivals in beauty the view of the mainland coast far away on St. John's Eve, when bonfires are [574] lighted as far as the eye can see. Relatives visit one another after Christmas supper, [431] and when the children have been put to bed, stockings are hung above the fireplace and filled by the parents with oranges, candies, ribbons, pencils, handkerchiefs, [861] and toys for the infants. Santa Claus is the gift giver, so infants are taught, and thus he can be used to promote good behavior on their part in the weeks prior to Christmas; this belief seldom persists into childhood, however, as older children [431] are eager to disabuse their younger siblings of it. Adults usually do not exchange gifts, but they receive them from kin and acquaintances abroad to whom they in [262] turn send Christmas cards. On Christmas Day, special cakes and breads are served

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November 1st. Imbolc heralded the coming of spring with the lactation of ewes, while at Beltaine cattle were driven to open grazing after passing between bonfires which magically protected them against disease and ensured their fertility. The harvest commenced with Lughnasa, and the grazing season ended with Samhain. Of these festivals, Imbolc has become reinterpreted with the feast of St. Brigid; Beltaine and Samhain, known today as May Day and Allhallows respectively, have remained almost untouched by Christianity and are observed in Inis Beag; but Lughnasa has disappeared from island tradition. Lughnasa still is celebrated in many parts of Ireland and is the subject of a monumental folklore study—Maire MacNeill's *The Festival of Lughnasa*; until the introduction of early potatoes into Inis Beag, harvesting commenced on this day, but any other practices associated with Lughnasa were abandoned long ago. Minor pagan festivals have become reinterpreted with Whitsuntide and the feasts of St. John, St. Martin, and St. Stephen, all of which are observed in Inis Beag.

Brigid, the most renowned of Irish female saints, was a cowherd and therefore is associated with cattle and with flowers, such as the dandelion, which nourish young lambs in the spring. On the last day of January, a small "Brigid's Cross" is fashioned from straw in each household of Inis Beag, and is thrust into the thatching at the end of the feast day. Crosses once were made from rushes, wood, metal, and even paper, and it is possible to determine the age of a thatched cottage being dismantled or renovated by counting the number of crosses salvaged from the straw debris. The Celts worshipped the sun whose symbol was the swastika, and the Brigid's Cross takes this form. It is a charm which protects the house (and the byre on the mainland) and those within it from harm, especially by fire, during the year. At the beginning of this century, a destitute woman who lived alone used to go from door to door begging for food and carrying a large "Brigid's Doll" made of straw and dressed immaculately in white with a picture of the saint on its breast. Some of the folk pulled straw from the doll to manufacture their crosses. After the woman recited the following poem, she was presented with food in honor of the saint, for which she blessed each person in the household with the doll:

Here comes Brigid
Dressed in white.
Give her something
For the night.

She is deaf and
She is dumb.
For God's sake,
Give her some.

Today, small groups of girls travel about the island emulating their predecessor by begging for coins to buy candy and donate to the church. A Brigid's Doll dressed in confirmation garb is carried by the leader of each group, and is used to confer blessings after the girls have recited in unison the two verses.

May Eve and Allhallows' Eve are both times when it is dangerous to go out of doors alone at night or be abroad after midnight, for the "big fellow" roams the back of the island, and everywhere pagan fairies, witches, vindictive ghosts, and the dog of the tumulus search for human victims. The safety of cattle is of particular concern to the folk on May Eve, and a common practice is to attach to the horn or tail of a cow a cloth containing a piece of iron which has

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boys and young men (attempts to hold their hands or kiss them, while under the influence of stout). Over a dozen efforts on the part of my wife and me to determine the truth behind the most pernicious rumors of this genre revealed sexual phantasy at their core in every case.

Church influence also is exerted through missions which come to Inis Beag every three to five years. On these momentous occasions, two Redemptorist priests (usually, but also Franciscans, Dominicans, and Passionists) spend a week in the island, where they conduct mass each morning and preach long sermons in the chapel every afternoon or early evening. Everyone—even old people and mothers with newborn infants—is urged to attend to receive the "blessings of the mission;" to some this means gaining time out of Purgatory for themselves or a deceased kinsman, while to others absence carries with it the penalty of damnation. A mission usually has a theme whose variations are explored with high emotion and eloquence by the visiting priests in their exhortations. The most common theme is "controlling one's passions," but abstaining from intoxicating drink and maintaining the faith as an emigrant also are addressed. Collections are made by children to support the endeavor, and a list of contributors and their donations is displayed publicly. It is said that a mission creates an emotionally charged atmosphere in the island which continues for weeks after the departure of the clerics.

The seeds of repression are planted early in infancy by parents through instruction supplemented by rewards and punishments, conscious imitation, and unconscious internalization. Although mothers bestow considerable attention and affection on their offspring, particularly on their sons, physical love as manifested in intimate fondling and kissing is rare in Inis Beag. Verbal affection comes to supplant contact affection by the time that the child can walk. Any forms of direct or indirect sexual expression—masturbation, mutual exploration of bodies, use of either standard or slang words relating to sex, and open urination and defecation —are punished severely by word and deed. Care is taken to cover the bodies of infants in the presence of their siblings and outsiders, and sex never is discussed before children of any age. Separation of the sexes starts within the family among siblings in early childhood, and is augmented by separation in almost all segments of adolescent and adult activity. Brothers come to associate mostly with brothers, and sisters with sisters, at play in and near the cottage, traveling to and from school, and in the chapel. Boys and girls are separated to some extent in classrooms and completely in play at recess. During church services, there is a further separation of adult men and women, as well as boys and girls, and each of the four groups leaves the chapel in its turn. Even on the strand during summer months, male tourists and vacationing emigrants tend to bathe at one end and women at the other; some swimmers change into bathing suits there, under towels and dresses "daringly"—a custom practiced elsewhere in Ireland which bespeaks of sexual catharsis.

Parents and their school age offspring read the popular religious journals found in most homes, and many of the articles therein deal with sexual morality of the Irish Catholic variety. Several times my wife inadvertently inquired as to whether or not certain women were pregnant, using that word before children, only to be "hushed" or to have the conversations postponed until the young people could